

# HELPING SPIRIT LODGE

## Do you or someone you know need a safe place to escape from abuse?

Helping Spirit Lodge is a 10-bed transition house that opened its doors in May 1991. Spirit Lodge is a first stage transition house providing women and children fleeing domestic violence a safe and supportive space to stay. Here, women have access to food and clothing, and while Spirit Lodge honours many Indigenous teachings, we respect the cultural diversity of our clients, and look to meet the needs of those in the space. To date over 80,000 women and children have utilized the lodge.

## THE LODGE can provide you:

- 24-hour staff on-hand
- A safe place for you and your children for up to 30 days
- A home environment, free of drugs and alcohol
- Support from non-judgmental Aboriginal women
- An educated awareness of family violence prevention
- Referrals to specialized counselors and treatments: sexual abuse, drug and/or alcohol addiction
- A place where your culture will be recognized and respected

## 1. Who's Eligible

Women, and their children, who have experienced physical, sexual, and/or emotional abuse within the context of an intimate relationship and are seeking immediate short-term housing.

## How to Apply

Please call to check for availability at Spirit Lodge  
**Contact Spirit Lodge** at: 604-872-6649.